



THE BEAUTY SPOT



Salon Information

Céad Mile Fáilte

Welcome to The Beauty Spot. Enter into a world of luxury through the senses. A world of colour, texture, therapeutic lighting, gentle music and inhalation of aromatic oils.

Experience the latest beauty and holistic therapies allowing the mind and body to rebalance and revitalise through the human touch.

Opening Hours

Monday, Tuesday, Friday	9am to 6pm
Wednesday, Thursday	9am to 8pm
Saturday	9am to 5pm
Sunday	Closed

Booking and Cancellation Policy

To secure your appointment, a credit card deposit will be required at the time of booking. Please note that we require 24 hours notice to cancel or reschedule appointments, otherwise a full charge will be made.

Punctuality

We courteously ask that you arrive on time for your treatment to enable us to provide a pleasant unhurried, relaxing experience for you.

Gift Vouchers

A delightful gift to suit all occasions. Gift vouchers are available for purchase by treatment or monetary amounts. Credit card orders can be taken by reception and we will be happy to send these gift vouchers directly to the recipients on your behalf.



Laser Hair Removal & Electrolysis

Ellipse IPL

No more waxing or shaving - This is the latest technology in permanent hair reduction. Ellipse is an intense pulsed light (IPL) treatment, virtually pain free and completely safe. All areas of the face and body can be treated and excellent results can be seen immediately.

Ellipse IPL needs to be taken as a series of treatments to be effective. The number of treatments required depends on the areas treated and the type of hair.

Initially a free consultation and patch test will be carried out. We offer discounts for multiple sessions when paid in advance.

Electrolysis

This is a safe and effective form of permanent hair removal. This treatment would suit clients with light, fair hair or sparse hairs. Otherwise we would recommend Ellipse IPL to treat.

10 mins	£18	20 mins	£32	30 mins	£37
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Number of Treatments booked

	1	3	6
		Save 10%	Save 25%
Abdomen (Full)	£150	£405	£675
Abdomen (Centre Line)	£60	£162	£270
Arms (Full)	£180	£486	£810
Arms (Upper/ Lower)	£100	£270	£450
Back	£250	£675	£1,125
Beard	£200	£540	£900
Bikini (Standard)	£100	£270	£450
Bikini (Extended)	£130	£351	£585
Bikini (Brazilian)	£150	£405	£675
Bikini (Californian / Hollywood)	£175	£472	£787
Brows (Centre)	£50	£135	£225
Buttocks	£100	£270	£450
Chest	£150	£405	£675
Chin	£80	£216	£360
Hands/Feet	£50	£135	£225
Legs (Full)	£500	£1,350	£2,250
Legs (Upper)	£300	£810	£1,350
Legs (Lower)	£250	£675	£1,125
Shoulders	£120	£324	£540
Underarms	£90	£243	£405
Upper Lip	£70	£189	£315

Beauty Treatments



Waxing Treatments

Eyebrows	10 mins	£15
Sides of Face	10 mins	£14
Lip/ Chin	10 mins	£12
Lip & Chin	10 mins	£18
Abdomen	10 mins	£ 8
Bikini Line	10 mins	£16
Extended Bikini Line	15 mins	£18
Brazilian	20 mins	£29
Californian	25 mins	£36
Hollywood	30 mins	£41
Underarm	10 mins	£15
½ Arm	10 mins	£18
Full Arm	20 mins	£25
½ Leg	15 mins	£19
Upper ½ leg	15 mins	£21
¾ Leg	20 mins	£24
Full Leg	25 mins	£32
Full Leg & Bikini	30 mins	£40
Full Leg & Brazilian	45 mins	£55
Full Leg & Californian	50 mins	£60
Full Leg & Hollywood	60 mins	£65

For Men

Chest Wax	30 mins	£30
Chest & Abdomen	45 mins	£50
Back Wax	20 mins	£30
Back & Shoulders	30 mins	£38

Eye Treatments

Eyelash Tint	20 mins	£18
Eyebrow Tint	10 mins	£12
Eyelash & Brow Tint	30 mins	£25
Eyebrow Shape	10 mins	£15

Eyelash Extensions

There's no doubt that having longer lashes and more of them make everyone look prettier. **Lash Perfect** create a natural yet striking look. The thickness, length & quantity applied can be varied for the look you are going for in this truly bespoke service. A maintenance session is required every 2-3 weeks.

Full Set of Lashes	2 hrs	£99
Flick (Outer corners)	30 mins	£40
Maintenance	60 mins	£50

L.V.L Lashes

Amazing Length, Volume and Lift in just 1 hr! Enhance your own natural lashes - no extensions needed! Lasts for 6-8 weeks.

L.V.L Lashes	60 mins	£70
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(48 hr patch test required for Lash Tint, Lift & Extensions.)

Guinot Facials



Introduce your skin to the benefits of professional skincare with our trained skincare experts.

Hydradermie² 1 hr 15 minutes £60 Course of 6 £300
A superior facial with an international reputation. A monthly deep cleansing, regenerating Hydradermie facial will keep your skin in optimum condition. The therapist will customise the treatment to suit your skin type: de-hydrated, mature, oily, sensitive or pigmented skin.

Hydradermie² Age Logic 1 hr 45 minutes £80 Course of 6 £400

A deluxe facial treatment. A Hydradermie facial with added firming and toning serums to revitalise the skin. This treatment focuses on the eye area, face, neck and décolleté and includes a pressure point eye massage and a luxurious Serenity Massage (unique to Guinot) with relaxing essential oils.

Hydradermie² Lift 1 hr £55 Course of 6 (2 per week) £275

High-tech lifting facial. This 'work out' for the face and neck creates a lifting effect in just an hour by toning the complexion, smoothing wrinkles and lifting the facial contours.

Hydradermie² Lift Yeux 1 hr £55 Course of 6 (2 per week) £275
This version of the treatment specifically targets the area around the eyes to reduce signs of ageing, fatigue and puffiness. It rehydrates and regenerates, as well as 'lifting' the eyelids and smoothing fine lines, to restore a relaxed rejuvenated look to the whole eye area.

Super Hydradermie² Lift 1 hr 45 minutes £85

The complete combination treatment Hydradermie² and Hydradermie² Lift.

Hydradermie² Lift Deluxe 2 hrs 15 minutes £105

The ultimate anti-ageing facial. Hydradermie² Age Logic and Hydradermie Lift.

Hydradermie² Ultra Lift 1 hr 45 mins £90
Course of 6 £450

The ultimate lifting facial. Liftosome and Hydradermie² Lift.

Liftosome 1 hr £54
Course of 3 £135

The perfect treatment before a special occasion. The Liftosome facial has been specifically developed to treat the problems associated with mature skins. Based on the use of orange extract, ginseng and collagen, this stimulating thermal facial regenerates and energises, leaving the skin firmed and radiant.



Advanced Facials

Microdermabrasion

Crystal Clear Microdermabrasion is known as "The Beauty Treatment To The Stars". This facial offers a safe, controlled method of skin exfoliation through mechanical abrasion of the dead skin cells. From a simple Beauty Flash, providing an instant rejuvenated lift to tired skin, to more in-depth treatment for lines, wrinkles, acne-scarring, stretch marks and pigmentation problems.

30mins	£35	60 mins	£55	Course of 6	£275
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Bio-Therapeutic Oxygen Facial

The non-surgical alternative to botox and fillers. This treatment uses oxygen under high pressure to deliver scientifically advanced ingredients to the lower layers of the skin effectively treating fine lines and wrinkles .

60 mins	£65	Course of 6	£325
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Crystal Clear with Oxygen

The "Gucci" of all facials. Combine both facials for ultimate results.

75 mins	£75	Course of 6	£375
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The Ultimate Anti Ageing Facial with IPL

Using the very latest IPL Photo Rejuvenation technology, this state of the art treatment rolls back the years by stimulating collagen production and the development of healthy skin cells. It can also help to reduce pigmentation and ageing from sun damage, giving your skin a clearer, more even younger looking tone and texture.

60 mins	£120	Course of 3	£295
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Advanced Electrolysis

Sometimes facials are just not enough to give us the complete flawless complexion we desire. This is when we call on Advanced Electrolysis and specialist treatments. Listed below are some of the most common problems.

- **Thread Veins**
- **Milia**
- **Skin Tags**
- **Sebaceous Cysts**

15 mins	£50	30mins	£90
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Body Treatments



Aromatherapy / Sports Massage

A wonderful way to indulge yourself and totally unwind. Your massage therapist will carefully select a blend of aromatic oils to suit your physical & emotional well-being.

30 mins	£35	40 mins inc scalp	£45
60 mins	£55	80 mins inc scalp	£75

**Sports massage add £10.00*

Hot Stone Massage

With the careful combination of smooth, hot volcanic stones and the hands of a skilled therapist, this treatment concentrates on giving you a deep therapeutic massage. The warmth of the stones allows a deeper treatment of muscles leaving you feeling renewed, relaxed and calm.

30 mins	£48	60 mins	£68
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Indian Head Massage

Massage to the upper back, shoulders and neck followed by pressure and frictions in the scalp. This is an excellent stress relieving treatment.

40 mins	£45	60 mins	£65
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Hydrotherm Massage

Achieve a totally calm state of mind and inner peace as you lie back and relax on our warm water mattress. You will receive a deep, calming massage while the warmth helps soothe aching muscles - no need to turn over, no face holes and no strained necks. This is a great treatment for expectant and nursing mums.

40 mins	£58	60 mins	£75
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Guinot Body Polisher

An exclusive body and skin enhancing treatment which can be enjoyed alone to remove dead or dry skin or in preparation for a tanning treatment. This complete exfoliation will cleanse and invigorate the body.

30 mins	£30
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Guinot Aromatic Body

A Luxurious Body Treatment which begins with a softening sugar kiwi scrub. This is then followed by a deeply relaxing, totally pampering head to toe massage, sheer bliss.

1hr 30 mins	£80
With hot stones on back	£90



Tanning

Luxury Back Treatment

Designed with pure relaxation in mind. Beginning with an exfoliation, followed by a massage and the application of heated paraffin wax to soothe and allow the healing oils to penetrate deeply.

60 mins

£70

Cleansing Back Treatment

A facial for the back. This deep cleansing treatment clears blocked pores and improves skin texture. This special back treatment purifies and rehydrates the skin.

60 mins

£70

Detox Wrap

Universal Contour Wrap - Instant inch loss. If you are looking to lose a few extra inches and you want instant results choose Universal Contour Wrap and we guarantee you will lose at least 6 inches in just 2 hours. The wrap involves measuring you prior to your treatment, wrapping you in bandages soaked in a special sea clay, leaving it to absorb for 1 hour before removing and re-measuring. You will get amazing results regardless of your shape or size. Perfect for any occasion. Why not make the most of your time with us and indulge in one of our *add on* treatments.

Wrap 2hrs

£65

Course of 3

£180

(Add) Foot massage

£10

(Add) Scalp massage

£15

(Add) Mini-Facial

£25

*Spray Tan

A beautiful natural looking tan in minutes. The product builds on your own natural colour avoiding the orange effect of many tans leaving you with a beautiful and realistic glow.

15 mins

£30

Course of 6

£150

*St. Tropez Tan

A luxurious way to tan. This treatment begins with an all over exfoliating body polish to remove any dry skin followed by moisturising of dry areas. Finally the tanning cream is applied to produce a non-streaky tan.

60 mins

£46

*To maximise your tan please exfoliate and moisturise well for a couple of weeks prior to your tanning session. Do not moisturise or use deodorant on the day of your tan. Wax or shave two days prior. Please also bring dark loose fitting clothing and slip on shoes to wear after your tan.

Hand and Foot Therapy



For Hands

With a wide range of the most up-to-date colours by O.P.I. The Beauty Spot manicure is the best way to keep your nails looking immaculate. In the luxury manicure the hands are softened and nourished in warm paraffin mitts, followed by a relaxing hand and arm massage.

Express Manicure	£22	Spa Manicure	£33
Luxury Manicure	£42	Polish & Go	£13
French Polish (add)	£ 6	3 Week Manicure	£58

For Feet

Our pedicure will leave you feeling you're walking on air. If that isn't enough, the luxury pedicure is the last word in toe pampering. This adds a longer pressure point foot massage and paraffin wax treatment in booties.

File Buff & Polish	£22	Spa pedicure	£35
Luxury Pedicure	£45	Polish & Go	£13
Pedicure With Gel / Minx	£60	Minx Toes	£40
French Polish (add)	£ 6	Gel Toes	£45

Nail Enhancements

BIO SCULPTURE GEL

Bio Sculpture Gel is a nail treatment applied as a coating to your own nails to strengthen and condition your natural nails. Gel may also be applied over tips to extend length of nails.

Full Set Gel Tips	1hr 45 mins	£65
Infills	1hr 15 mins	£39
Natural Nail Overlay (colour/french/clear)	1hr 15 mins	£48
Overlays with Silk	1hr 45 mins	£70
Soak-Off & Overlays	2 hrs	£55
Individual Tip/Sculpture/Repair	20 mins	£6
Soak-Off, Tidy & Polish	45 mins	£30
Toenail Gels	45 mins	£45
Minx Nails	1hr	£40

Pamper Packages

Nail Enhancements

CREATIVE ACRYLIC

These extensions are recommended for clients requiring instant length. Ideal for those with very short or bitten nails as acrylic provides the strongest most resilient finish. Infills will need to be carried out every 2-3 weeks.

Full Set of Acrylic Tips (natural)	1hr 30 mins	£55
Full Set of Forever French	1hr 30 mins	£65
Infills (natural)	1hr	£34
Infills (french)	1hr 15 mins	£40
Natural Nail Overlay	1hr	£46
Soak-Off & Overlay	1hr 30 mins	£55
Polish (with above)	10 mins	£ 5
Individual Tip/Sculpture/Repair	10 mins	£ 6
Soak-Off, Tidy, Polish	1hr 15 mins	£30

Holiday Essentials

A perfect pre-holiday or pre-party pamper, Express Manicure, Pedicure, Body Polisher, Spray Tan.

2 hrs

£75

A Little Bit Of Everything

A gorgeous treatment to revive and renew, includes a 30 minute massage, 30 minute taster facial, express manicure & express pedicure.

2 hrs

£85

Polished & Pampered

Crystal Clear Beauty Flash facial to instantly brighten, revitalise & rejuvenate the skin. This is followed by a full body exfoliation and luxurious massage, finished with a shape & polish for the finger & toe-nails.

2 hrs

£110

Top-To-Toe

Pure indulgence, this is the ultimate pampering experience Luxury Manicure, Pedicure, Hot Stone Back Massage and a Guinot Aromatic Facial.

3 hrs 30 mins

£140



The Beauty Spot

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